## Parent Instructions for Decision Point Sessions

- 1. Try to schedule your time together at the same time each week and make it a priority so that you don't get behind.
- 2. Go to the following website: <a href="http://dynamiccatholic.com/confirmation/view-program/">http://dynamiccatholic.com/confirmation/view-program/</a>.
- 3. Videos are in session order.
- 4. Student workbook and leader's guide are available on this page. Students really only need to print the reflection questions, or you can discuss these.
- 5. There are apps available. http://dynamiccatholic.com/confirmation/app-download-page/
- 6. Steps:
  - a. Opening Prayer
  - b. Engage-watch and discuss
  - c. Journal
  - d. Closing prayer
- 7. Use this prayer by Thomas Merton for the opening of each session:
- 8. Set the tone, be quiet for a few moments and then say, "Let us put ourselves in the presence of God." Pause and then begin.

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore I will trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone.

- 9. Watch the video.
- 10. Do the discussion questions. Each "big" session has a focus on a saint. Be sure to cover that. That will be in the student workbook and leader's guide.
- 11. Close with a prayer of thanksgiving for your time together.